

## Love: The Antidote to Fear and Anger

<sup>13</sup> By this we know that we abide in him and he in us, because he has given us of his Spirit.

<sup>14</sup> And we have seen and testify that the Father has sent his Son to be the Savior of the world.

<sup>15</sup> Whoever confesses that Jesus is the Son of God, God abides in him, and he in God. <sup>16</sup> So we have come to know and to believe the love that God has for us. God is love, and whoever abides in love abides in God, and God abides in him. <sup>17</sup> By this is love perfected with us, so that we may have confidence for the day of judgment, because as he is so also are we in this world. <sup>18</sup> There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love. <sup>19</sup> We love because he first loved us. <sup>20</sup> If anyone says, "I love God," and hates his brother, he is a liar; for he who does not love his brother whom he has seen cannot love God whom he has not seen. <sup>21</sup> And this commandment we have from him: whoever loves God must also love his brother. 1 John 4:13-21

### PERFECT LOVE—

- Casts out fear (1 John 4:18).
- Casts our hate (1 John 4:19-21).

<sup>29</sup> Are not two sparrows sold for a penny? And not one of them will fall to the ground apart from your Father. <sup>30</sup> But even the hairs of your head are all numbered. <sup>31</sup> Fear not, therefore; you are of more value than many sparrows. Matthew 10:29-31

"Love is patient and love is kind. It is not jealous; love does not brag and is not arrogant. It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs." 1 Corinthians 13:4-5